

BREVET D'ETUDES DU PREMIER CYCLE SESSION NORMALE

EPREUVE: ANGLAIS

DUREE: 2 H

COEF: { ML: 3
MC: 2

SUJET

I- COMPETENCES A EVALUER

- Réagir de façon précise et appropriée à des messages lus ou entendus.
- Produire de façon appropriée des textes de types et de fonctions variés.

II- L'EPREUVE

A- Réaction à un message écrit

Contexte

Notre santé dépend en partie de ce que nous mangeons, des règles d'hygiène que nous observons, mais aussi de la qualité de notre environnement.

Support

Text: Staying healthy.

1- If we want to remain in good health, we must try to live a healthy life. We sometimes get ill, but if we learn about the things that make us ill and how to avoid them, we can stay healthy for longer.

2- If we don't eat a balanced diet, we can become very ill. Some people in rich families become very fat by eating too much fatty food and not taking enough exercise. This illness is called obesity, and it affects people's hearts and other organs.

3- People may become ill because they don't have a balanced diet: this is called malnutrition. One of the most common causes of malnutrition is the lack of vitamins and minerals because people don't have enough fruits or vegetables to eat.

4- We may also become ill by catching a disease from another person. Such a disease is caused by microbes that are harmful to us. The harmful microbes are those that cause diseases. But we can stop contaminations by following these simple rules:

- Look after your food: cover food to prevent flies from leaving germs on it. Store food in a fridge if there is one. Heat food properly when cooking and make sure rotten foods is thrown away.
- Keep your community clean: get rid of rubbish properly. Only drink clean water. Control insects such as flies and mosquitoes.
- Look after your hygiene: keep yourself clean and make sure you wash your hands after going to the toilet.

Note: Rotten food = aliment pourri

Critères d'évaluation

Après avoir lu le texte ci-dessus, tu montreras que tu l'as compris en :

- complétant des phrases de façon adéquate ;
- reconnaissant les détails du texte ;
- manifestant ta maîtrise du vocabulaire du texte ;
- reformulant des phrases de façon autonome.

Tâche

Item 1: Complete the sentences below with right pieces of information from the text.

- 1- People catch obesity by.....
- 2- Malnutrition is caused by.....
- 3- We can get vitamins and minerals from.....
- 4- One way to protect food is to prevent.....

Item 2: Say whether these statements are True or False according to the text.

- 1- Living a healthy life favours good health.
- 2- When your diet is balanced, you can become ill.
- 3- Germs are microbes that cause diseases.
- 4- People catch diseases by washing their hands after going to the toilet.

Item 3: Match the words in column A with their opposites in column B.

<u>Column A</u>	<u>Column B</u>
1- Harmless	a) healthy
2- Poor	b) to avoid
3- Sick	c) rich
4- To catch	d) harmful

Item 4: Rewrite these sentences using the given prompts. Don't change their meanings.

- 1- "Take fruits as much as possible."
 - He advised us.....
- 2- We need a balanced diet to live longer.
 - A balanced diet.....
- 3- If you eat too much fatty food, you can catch obesity.
 - You'd better, otherwise.....

B- Production d'un texte de type particulier

Contexte

Pour t'aider à comprendre la fonction de certaines substances nutritives dans notre organisme, un(e) ami(e) t'apporte un texte. Mais certains mots ont été omis lors des travaux de saisie.

(Turn to)

Critères d'évaluation

Tu montreras ta compétence à reproduire un texte cohérent en :

- respectant sa logique interne ;
- utilisant le vocabulaire adéquat ;
- respectant l'orthographe et la ponctuation appropriées.

Writing

Copy this paragraph and fill in the gaps with these words: balanced; water; feeding; plants; fit; vitamins; nutrients; often.

NB: Write the numbers and the words only.

Paragraph

Humans need.....1.....to grow and to get cells repaired in their bodies. The process of.....2.....a living creature is called nutrition. Most food comes from.....3.....or animals. To keep.....4.....and well, we need to have a5.....diet. We must also drink clean.....6.....and exercise very.....7..... Fruits and vegetables give us.....8.....which help the body to fight diseases.

GOOD LUCK!